

Bugaboos Heli-Painting! With Doug Swinton | Supply list

Date & Times:

- July 28-31, 2026

Please contact Swinton's if you would like them to put together a supply kit. All students get 10% off at our store.

50% of learning to paint is in the supplies you use. If you use inferior-grade products expect inferior results with your painting.

PAINTS

Here is a list of the least expensive colours that make the most mixes and are my current favourites for outdoor painting:

- Cadmium Yellow Light
- Cadmium Yellow Deep
- Yellow Ochre
- Cadmium Orange
- Perylene Maroon
- Quinacridone Rose or Permanent Rose
- Ultramarine Blue
- Manganese Blue Hue
- Viridian Green
- Titanium White

Please try to use artist-grade paints (Gamblin, M. Graham, etc.). Do not use student-grade paints or craft paints.

For those of you working in oils, we will provide thinner so you will not have to fly with it.

PALETTE

The bigger, the better. Strip-off palettes are great. Please, NO egg cartons or Styrofoam meat trays. Bring a good plastic palette if you work in gouache or watercolour.

BRUSHES

NO Dollar Store brushes.

For Oil:

Bring good quality Natural Bristle Brushes.

Sizes

- #2 Flat
- #4 Flat
- #6 Flat
- #8 Flat
- #10 Flat
- #1- 3" cheap big bristle brush for blending.
- #1 or 2 Taklon liner brush
- A small amount of cotton swabs, kept in a ziploc bag.

For Acrylic:

It's the same as oil, but synthetic bristles are okay. Catalyst brands are great.

- Also, a 1-inch synthetic soft flat brush (Heinz Jordan or Silver brands are good) for glazing.

For Watercolour or Gouache:

- 3/4" flat,
- #6 round and
- #2 round
- #1 or #2 liner brush.

BRUSH WASHER

For Oil:

- A good metal leak-proof brush washer is a very good item to invest in. You will thank us for it.

Acrylic, Gouache and Watercolour:

Yogurt containers with a kitchen scratchy (this is a must if you want clean brushes) in the bottom.

MEDIUMS:

For Oil: We will provide oil medium for participants.

Acrylic:

- A retarder medium for acrylic is a must if you're an outdoor acrylic painter. Acrylic dries very fast when it's hot and windy.
- One tube of 'Open' acrylic in your favourite drawing colour (I like Transparent Red)
- Iron Oxide or Permanent Rose) is also helpful in the early stages of your work because it allows you to make adjustments more easily.

CANVAS

Any size you would like to try. Smaller canvases are easier to get finished in class; large canvases will allow you less time to try things.

6x8

8x10

9x12

11x14

Econo canvas boards, panels or masonite boards. I will show you how to get them home easily. Watercolour paper for gouache and w/c artists.

We will be painting up to 3 to 4 paintings per day.

EASEL

- A good quality outdoor pochade or plein air easel will be a necessity.

MISCELLANEOUS

- Sketchbook for thumbnails and taking notes.
- 4B pencil
- Vine charcoal
- Blue shop towels (hardware store)
- Garbage bags (Safeway bag - who has any bags left?)
- Umbrella if you have one. Some like them, some don't. This is totally up to you. If you do not use an umbrella be sure to bring a hat with a good brim.

- Hat, sunscreen, bug spray.
- Acrylic, Gouache or Watercolour painters may want some kind of foldable or collapsable water containers and definitely a spritz bottle for keeping things moist.

We will not be hiking per se, but we should prepare for walking. Appropriate footwear is essential.