



Swinton's
everything art

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7160 Fisher St. SE, Calgary, T2H 0W5

PAINT THE PORTRAIT - FROM A PHOTO Supply List

Saturday, April 11 2026, 9:30 - 4:00 pm

Sunday, April 12, 2026, 9:30 - 4:00 pm

All supplies are available at Swinton's Art Supplies and all students get 10% off. If you would like a package put together for you please contact us.

Students bring their own photo references to paint from

All Demos will be done in oil

PAINT:

Please buy professional-grade paint when possible. This is my usual palette.
(Convenience colours added for florals)

Gamblin Flake White Replacement or Titanium White

- Naples Yellow
- Yellow Ochre (for skin)
- Venetian Red (or Terra Rosa) (I use this for skin mixtures)
- Cad Yellow Light or Cad Lemon
- Cad Yellow Deep
- Cad Red Light or Medium
- Alizarin Crimson
- Ultramarine Blue
- Pthalo Blue
- Burnt Umber (I use this for massing and toning my canvas)
- Raw Umber (for portraits and figures)
- Transparent Oxide Red or Burnt Sienna (instead of Burnt Umber if you prefer)
- Ivory Black

BRUSHES: Important!

I use only FILBERT HOG BRISTLES

#2 (1/4 inch),

#4 (1/2 inch)

- A couple of each is always good.
- Plus, a larger size for the background.

I would prefer for you to have hog's bristle brushes (oil painters), or something stiffer if synthetic; however, please feel free to use flats if that's your preference.

PLEASE ensure that your brushes are in good shape! Your workshop experience will be that much more successful and enjoyable. Please feel free to bring what you're comfortable with.

PALETTE KNIFE: Metal trowel shape, about 3 inches long. We will be using the palette knife to paint with - the trowel shape is the best one for this purpose. Not the teeny tiny ones or plastic ones.

PALETTE: To mix your paint on. Only larger-sized palette paper is intended for oil painting. OR a wooden palette or glass. Wooden needs to be seasoned well before the workshop (using walnut, linseed, oils, etc). Large stay-wet palette for acrylic painters.

MEDIUMS:

FOR OIL:

- Odourless Mineral Spirits - must be in a lidded jar/container for cleaning your brushes.
- Small lidded cup with linseed or walnut oil and
- Half & half - OMS mixed half and half with oil, such as linseed, walnut, etc.
- OPTIONAL: Liquin, Neomegilp, Gamblin Gel, etc.

FOR ACRYLIC PAINTERS: In addition to paint, the following supplies are a must: Please bring extenders and gel mediums to simulate the methods I teach, a large stay-wet palette, and stiffer synthetic brushes in the sizes above.

CANVAS or PANELS: 14x18 - 16x20 1- 2, depending on your speed -Stretched canvases or panels.

PLEASE BRING SEVERAL PHOTO REFERENCES OF EACH OF YOUR SUBJECTS TO PAINT FROM. YOU MIGHT LIKE TO BRING A FEW REFERENCES FOR EACH PERSON YOU WILL PAINT. WE CAN DISCUSS AND CHOOSE THE BEST SUBJECT AT THE WORKSHOP.

Easels are supplies

- NOTEBOOK & PENCIL - to take notes
- PAPER TOWELS (bring a roll you'll use lots)
- APRON
- GLOVES
- PLASTIC WRAP OR WAX PAPER - to cover your palette for take-home
- CAMERA- to photograph your model as well as my demo painting in stages for reference WATER BOTTLE- stay hydrated

LUNCH - we'll take a shorter break for lunch

AND, MOST IMPORTANT ... YOUR PATIENCE AND SENSE OF HUMOUR! PAINTING IS HARD WORK. WE NEED TO BE GENTLE ON OURSELVES!