

# Nova Scotia Supply List

50% of learning to paint is in the supplies you use. If you use inferior grade products expect inferior results with your painting.

## PAINTS

Here is a list of the least expensive colours that make the most mixes and are my current favourites for outdoor painting:

- Cadmium Yellow Light
- Cadmium Yellow Deep
- Yellow Ochre
- Cadmium Orange
- Perylene Maroon
- Quinacridone Rose or Permanent Rose
- Ultramarine Blue
- Manganese Blue Hue
- Viridian Green
- Titanium White

Try to use artist grade paints (Gamblin, M. Graham, etc.) PLEASE no student grade and definitely no craft paints.

For those of you working in oils we will provide thinner so you will not have to fly with it.

## PALETTE

The bigger the better. Strip-off palettes are great. Please NO egg cartons or Styrofoam meat trays. Bring a good plastic palette if you work in gouache or watercolour.

## BRUSHES

NO Dollar Store brushes.

### For Oil:

- Bring good quality bristle brushes. Sizes 2,4,6,8,10, Flats.
- 1- 3" cheap big bristle brush for blending.
- #1 or 2 Taklon liner brush
- Small amount of cotton swabs, kept in a ziploc bag.

### **For Acrylic:**

- Same as oil, but synthetic bristles are okay - Catalyst brand are great.
- Also a 1-inch synthetic soft flat brush (Heinz Jordan or Silver brands are good) for glazing.

### **For Gouache:**

- 3/4" flat, #6 round and #2 round
- #1 or #2 liner brush.

## **BRUSH WASHER**

### **Oil:**

- A good metal leak proof brush washer is a very good item to invest in. You will thank us for it.

### **Acrylic, Gouache and Watercolour:**

- Yogurt containers with a kitchen scratchy (this is a must if you want clean brushes) in the bottom.

## **MEDIUMS:**

**Oil:** We will provide oil medium for participants.

### **Acrylic:**

- Retarder medium for acrylic is a must if you're an outdoor acrylic painter. Acrylic dries very fast when it's hot and windy.
- One tube of 'Open' acrylic in your favourite drawing colour (I like Transparent Red Iron Oxide or Permanent Rose) is also helpful in the early stages of your work because it allows you to make adjustments more easily.

## **CANVAS**

Any size you would like to try. Smaller canvases are easier to get finished in class; large canvases will allow you less time to try things.

We will be painting up to 3 to 4 paintings per day.

- 6x8, 8x10, 9x12, 11x14 econo canvas boards, panels or masonite boards. I will show you how to get them home easily. Watercolour paper for gouache and w/c artists.

## **EASEL**

- A good quality outdoor pochade or plein air easel will be a necessity.

## **MISCELLANEOUS**

- Sketchbook for thumbnails and taking notes.
- 4B pencil
- Vine charcoal
- Blue shop towels (hardware store)
- Garbage bags (Safeway bag - who has any bags left?)
- Umbrella if you have one. Some like them, some don't. This is totally up to you. If you do not use an umbrella be sure to bring a hat with a good brim.
- Hat, sunscreen, bug spray.
- Acrylic, Gouache or Watercolour painters may want some kind of foldable or collapsable water containers and definitely a spritz bottle for keeping things moist.
- Wine for the instructors

We will not be hiking per se, but prepare for walking. **Appropriate foot wear** is essential. It's Nova Scotia and beautiful but its the land of rock, and it is sometimes damp.

We will be by the ocean and it can often be cool and windy. Think **layers** for clothing.

That should do for now,

***Guitars, Cadillac's and hillbilly music, the only thing that keeps me hanging on.***

**Doug/Sue**